



VIA TESTIMONIALS

“I decided to explore NLP in order to understand ‘the true meaning of life’ and to gain a deeper understanding about myself and how I could live my best life ever. Before undertaking the VIA program, I was often crippled by fear when it came to confrontation and risk taking, avoiding them at all costs and in the process allowing dysfunctional situations to perpetuate. The VIA program has given me simple, but profound tools to make lasting positive changes in my journey through life. It is elegant and private as I learnt how to work with the context, process and structure of my experience rather than the content. I believe NLP is the greatest gift I have ever received – it has transformed my whole outlook on life and made me the master of my own destiny. From a business perspective, VIA has helped me turn indecision into action and fear of failure into success. Sylvia Fernandes is an absolute professional, well versed in her craft and passionate about what NLP can do for others based on her own personal experience. Her strong ethics, values and integrity were paramount in my decision to attend the VIA program and I couldn’t recommend her more highly.”

Sharan Gill, Managing Partner, Executive Search Solutions

“I was referred to VIA by a friend and have since recommended Sylvia and her team to many of my peers. The VIA International course is top quality and exceptionally good value for money. I’ve attended many courses in my career and the NLP week long course pulls everything I’ve ever learnt together in one go. Sylvia is an inspiring and insightful presenter and the content is absolutely relevant to modern management needs. I manage large teams and I’m a more effective manager having attended the course. I now have a range of tools to use to check that my communication has ‘hit home’ and I know what to look for in my people to ensure my communications have been understood. The course is a great investment and has taken the struggle out of management.”

Michael Dephanger, Senior Manager, Westpac Banking Corporation

“It was three years ago that I did a week long NLP program with Sylvia Fernandes and it was the start of a journey of ongoing awareness for me. I was partly drawn to NLP as a means to develop personally and improve my confidence, especially as I have a stutter. However, I was also attracted by the fact that VIA Group had a business-focus and understood my professional goals and requirements. In terms of results, the main benefit to me has been increased confidence. My speech has also improved but the extra confidence is key. I now have the strength and assurance to do projects I would otherwise have been nervous about. Like an athlete, NLP gave me the ability to ‘get in the zone’ and achieve my goals. I have also since been fortunate enough to have regular conversations and catch ups with Sylvia and build on my initial education to make NLP a continual practice.”

Jon Dowling, Chief Operations Officer, IDG Communications



VIA FEEDBACK

My expectations of the programme were exceeded in the areas of behaviour change, motivation and clarity of goals. I thoroughly enjoyed my time, feel that it has been worthwhile and have learnt a lot.

Amy Hing-Young, Consultant, Strategy & Change Management

I had a low feeling before the programme, having quit my job as an executive editor. The programme opened up new avenues and has motivated me to aim high and given me the confidence to achieve success in a new area. It has helped chart a course for me as a trainer and given me inputs and process that will certainly come in handy. Sylvia's method can be emulated for my own training style with clients. All in, an excellent programme.

KP Waran, Training Consultant and Ex-Journalist

I did not imagine that I would be walking out after 10 days a changed person minus the baggage I've carried for 29 years (or more). The delivery was wonderful and engaged my mind, which has a high tendency to wander if it's not interested in something. Thank you, Sylvia, you've changed my life!

Pravin Pillai, Advertising Creative Director

While I found tools I could use for my life, I also found my identity, passion and values. The whole programme has indeed been an overwhelming experience and it has come to me when I needed it most!

Ravinder Kaur, HR Executive

The programme was excellent. It was done in a very knowledgeable and professional way. I will use the learnings to enhance my life's purpose and achieve excellence. The training was a job well done, not even a second was wasted, it was all fruitful.

Douglas Yee, Insurance Manager

I understand now how the mind works and the actual potential and ability of my unconscious mind. The programme has changed my way of looking at things around me and was very relevant... I can apply the concepts learned in my work, social life and most importantly, my family. It was excellent.

Abdul Basith, Insurance Manager